

Manning Valley Anglican College Winter Canteen Menu 2019

Recess / Snack Food

Fruit available for crunch and sip, please see canteen.

Watermelon Wedge	0.50c
Grape Cup	0.50c
Fruit Salad—Sml	\$1.20
Fruit Salad—Med	\$2.40
Biscuits—Variety	0.50.c
Popcorn	\$1.00
Mini Muffin	\$1.00
Large Muffin	\$2.50
Chips, JJ' s, Grainwaves	\$1.40
Cheese & Jatz	\$1.50
Yoghurt	\$2.50
Soy Yoghurt	\$2.50
Cheese/Vegemite Scroll	\$2.50
Cheese & Bacon Roll	\$3.00

Salads, Sandwiches and Wraps

Salad Bowl—Lettuce, Tomato, Cucumber, Carrot, Beetroot, Pineapple, Cheese, Red Capsicum \$5.00

Salad Bowl—add Protein—Ham or Chicken or Tuna or Salmon \$2.00

Sandwiches—White or Wholemeal Bread & Wraps Gluten Free Bread & Rolls available

Rolls—add 0.40c

Cheese	\$3.00	Cheese & Tomato	\$3.50
Vegemite	\$2.00	Chicken, Lettuce & Mayo	\$4.50
Ham	\$4.00	Ham, Cheese & Tomato	\$5.00
Salad	\$4.00	Cheese, and Salad	\$4.50
Spaghetti	\$3.00	Baked Beans	\$3.00

Chicken Wedges Wrap—Lettuce & Mayo \$4.50 Add Avocado \$1.00

Chicken Wedges Salad Wrap \$6.00 Cheese 0.50c

Grilled Chicken Burger—Lettuce & Mayo \$5.00

Hot Food

Chicken Fingers	0.70c
Chicken Wedges	\$1.00
Fish Fingers	\$1.00

Party Pie	\$1.20
Big Pie	\$3.80
Party Sausage Roll	\$1.20
Ex Big Sausage Roll	\$3.50
Spinach & Ricotta Roll	\$3.00
Pizza Bread	\$2.00
Pizza Pockets—	\$2.50

BBQ Chicken, Ham & Cheese, HCP

Garlic Bread - Half = 4 pieces	\$1.20
Garlic Bread—Full = 8 pieces	\$2.20
Pasta Bolognese	\$3.50

Chicken Burger	\$5.00
Hamburger, cheese, sauce	\$5.00
Traditional Hamburger w cheese	\$6.00
Meatball Sub	\$4.50
Noodle Cup—Chicken or Beef	\$2.20
Soup of the Day see canteen/flexischools	

Drinks

Water	\$1.20	Up and Go	\$2.00
Juice—Sml	\$2.00	Juice—Lge	\$3.00
Flavoured Milk—Sml	\$2.00	Flavoured Milk—Lge	\$3.00
Sparkling Water	\$2.00	Can	\$2.50
Iced Tea	\$3.20	Plain Milk—Dairy / Soy	\$1.10
Milo Milk —Hot/Cold & Dairy/Soy			\$1.20

Frozen Foods

Frozen Fruit Cup	0.60c
Snap Sticks	0.80c
TNT	\$1.00
Frozen Yoghurt	\$2.00

Snacks & Treats

Cough Lollies	0.80c
SunFruits	\$1.00
Tomato / BBQ Sauce	0.20c

Nachos

Monday & Tuesday

Mexican Mince w Corn Chips \$4.50
W Guacamole, Sour Cream & Salsa \$6.00

Hot Dogs

Monday & Wednesday

Hot Dog w Tomato Sauce \$3.00
With sauce and Cheese \$3.50